



# CARE AND ADVICE

FOR YOUR MARSHALL & STEWART BED



“To sleep well is to live well – this is our mantra, inspiring us to create beds of exquisite comfort, quality and craftsmanship.”

A handwritten signature in white ink, appearing to read 'Brent Cooper', with a large, stylized initial 'B' and a long, sweeping underline.

Brent Cooper – Director, Marshall & Stewart

# CONGRATULATIONS ON PURCHASING YOUR MARSHALL & STEWART BED

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This leaflet will help ensure you get the best comfort and longevity from your Marshall & Stewart mattress. For more information about caring for your bed, or for general tips on how to improve your night's sleep, please consult one of our showroom experts or visit our website [www.marshallandstewart.com](http://www.marshallandstewart.com)

**This leaflet provides information on the following:**

- 1 **Mattress turning**
- 2 **Topper care and fitting**



# MATTRESS TURNING

Natural filling materials will settle and compact over time and with daily use.

It is normal to experience a hammocking effect when your mattress is new. The centre of the mattress may appear to be higher than the sides after a few days – this is perfectly normal.

To ensure even settlement of the internal fillings your mattress must be turned every month. The most effective method is to turn

your mattress from top to tail (north to south) and then on every alternative month, from side to side (east to west).

Regular turning ensures that all areas of your mattress have even settlement. The method below can be used to turn your mattress both top to tail and side to side.

Your Marshall & Stewart mattress is very heavy, so please do not attempt to turn it single handed and keep your back straight at all times.



1 Using the handles, lift the edge of the mattress.



2 Push the mattress away from you.



3 Pull the now turned mattress by the handles and slide it back into position.



4 Ensure the mattress is square on the bed.

# TOPPER CARE AND FITTING

Marshall & Stewart toppers are handmade from 100% natural materials, and are crafted to support the sleeper's body shape. Each is designed to be very pliable and will change shape over time.

It is not uncommon for a brand new top mattress to appear smaller than the bed – this can be rectified by shaking and stretching out the

topper prior to use, but toppers also experience a “bedding in” process in which they flatten out to the desired dimensions.

You can revitalize the feel of your topper by regularly giving it a vigorous shake, as well as by rolling it up diagonally from corner to corner.

Use of a Marshall & Stewart mattress protector will conserve the hygiene of your topper and increase its longevity.



1 Remove the topper from its packing.



2 Place the topper on the bed.



3 Shake and stretch the topper.



4 Ensure your topper is positioned squarely on the mattress. With a slight pressure, stroke out any ripples with your hands, working from the middle outwards.



Call 0800 002 9103 or visit [www.marshallandstewart.com](http://www.marshallandstewart.com)